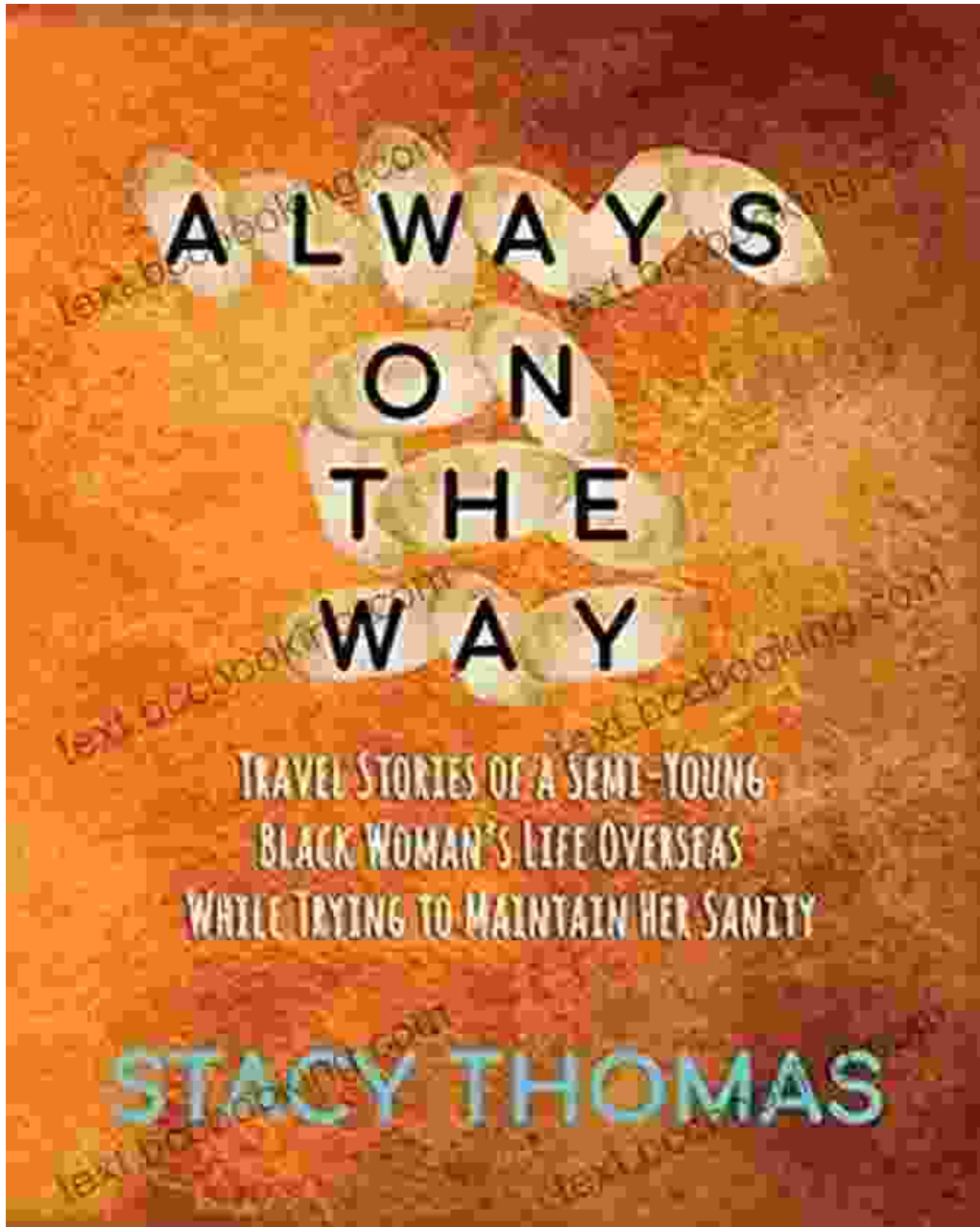
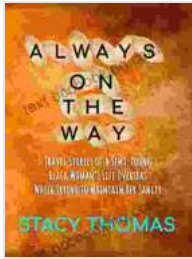


Always On The Way: A Journey of Discovery and Transformation



Always On The Way: Travel Stories of a Semi-Young Black Woman's Life Overseas While Trying to Maintain Her Sanity by Stacy Thomas

★★★★☆ 4.7 out of 5



Language	: English
File size	: 5248 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 262 pages
Lending	: Enabled



Always On The Way is a memoir that tells the story of Krystle Kho's personal journey of discovery and transformation. In this powerful and inspiring book, Kho shares her experiences with mental illness, addiction, and trauma. She also discusses how she found her way to recovery and healing.

Kho's journey began in childhood, when she was diagnosed with bipolar disorder. She struggled with this illness for many years, and it led her down a path of addiction and self-destruction. However, Kho never gave up on herself. She sought help from therapy, medication, and support groups. And slowly but surely, she began to heal.

In *Always On The Way*, Kho shares her experiences with raw honesty and vulnerability. She writes about the challenges she faced, the mistakes she made, and the lessons she learned. She also offers hope and inspiration to others who are struggling with mental health issues or addiction.

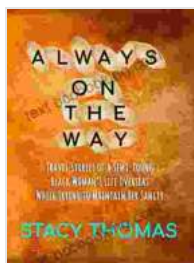
Always On The Way is a must-read for anyone who is struggling with mental health issues or addiction. It is a book that will give you hope and inspiration to overcome your own challenges.

About the Author

Krystle Kho is a writer, speaker, and mental health advocate. She is the author of the memoir *Always On The Way*. Kho has spoken about her experiences with mental illness and addiction to audiences around the world. She is passionate about helping others to find hope and healing.

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