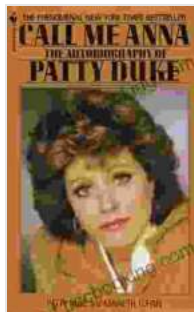


# Call Me Anna: The Autobiography of Patty Duke



## Call Me Anna: The Autobiography of Patty Duke

by Patty Duke

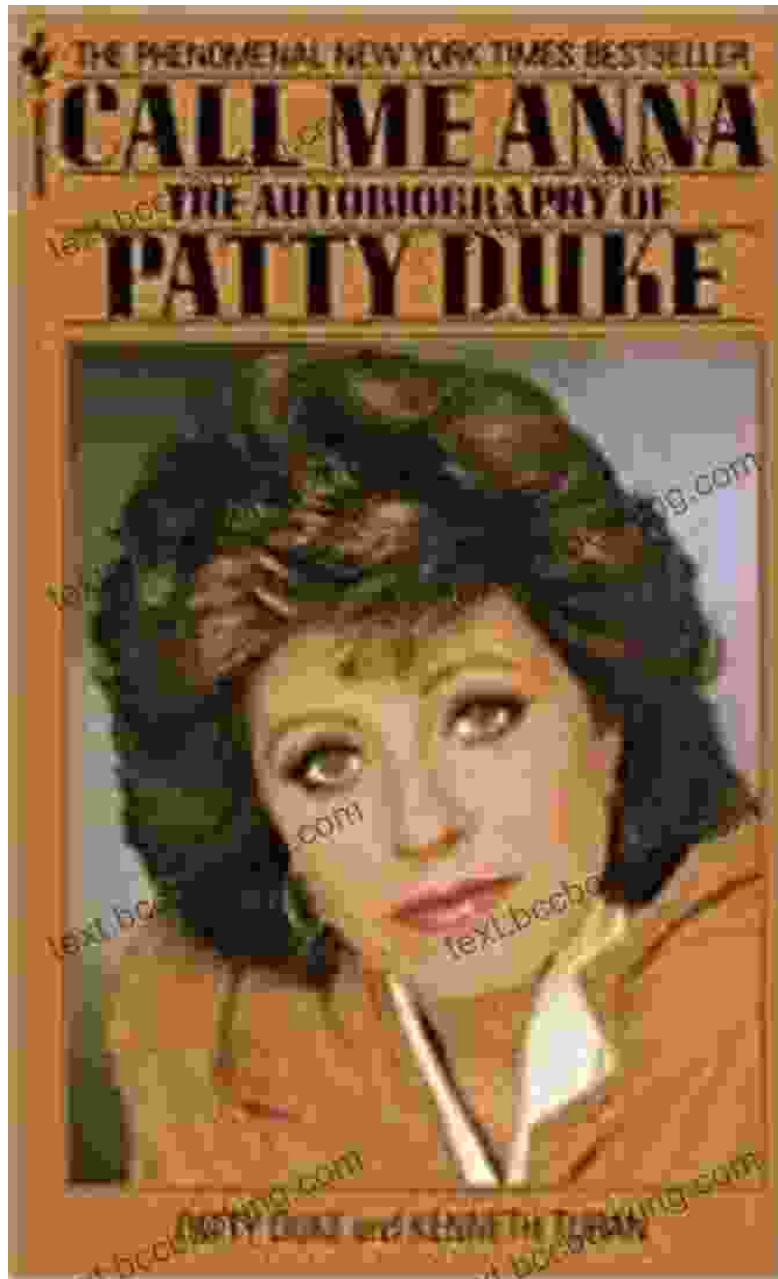
★★★★☆ 4.4 out of 5

Language : English  
File size : 5490 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 338 pages

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Patty Duke was a child star who rose to fame in the 1960s sitcom *The Patty Duke Show*. She went on to have a successful career in film and television, but she also struggled with mental health issues, including bipolar disorder.

In her autobiography, *Call Me Anna*, Duke chronicles her life and career, including her struggles with mental health and her journey to self-discovery.

and acceptance. It is a powerful and moving account of a woman who faced adversity with courage and grace.

Duke begins the book by describing her childhood. She was born in New York City in 1946, and her parents divorced when she was young. She and her sister were raised by their mother, who was a single working parent. Duke began working as a child actress at the age of six, and she soon became one of the most popular child stars in the world.

However, Duke's success came at a price. She was under constant pressure to maintain her image, and she struggled with anxiety and depression. In her early twenties, she was diagnosed with bipolar disorder. Duke's diagnosis was a turning point in her life. She began to understand her own mental health issues, and she sought treatment. With the help of therapy and medication, Duke was able to manage her bipolar disorder and live a full and productive life.

In *Call Me Anna*, Duke also writes about her career. She starred in a number of popular films and television shows, including *The Miracle Worker*, *The Patty Duke Show*, and *Valley of the Dolls*. She won an Academy Award for Best Supporting Actress for her role in *The Miracle Worker*, and she also won two Emmy Awards for her work on *The Patty Duke Show*.

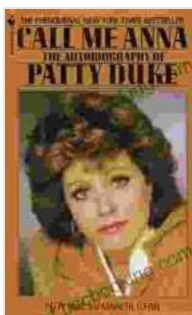
Duke's career was not without its challenges. She struggled with drug and alcohol abuse, and she also faced discrimination because of her mental illness. However, she never gave up on her dream of becoming an actress. She continued to work hard, and she eventually achieved great success.

In the final chapter of *Call Me Anna*, Duke reflects on her life and career. She writes about the challenges she has faced, but she also expresses her gratitude for the many blessings she has received. She ends the book with a message of hope and inspiration.

*Call Me Anna* is a powerful and moving autobiography. It is a story of triumph and adversity, of hope and despair. It is a story that will inspire and uplift readers of all ages.

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