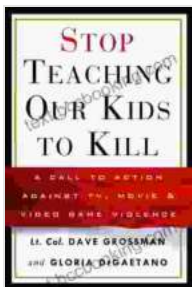# Call to Action Against TV, Movie, and Video Game Violence: Protect Our Children and Communities

Violence in the media is a serious problem that has been linked to aggressive behavior, desensitization to violence, and increased fear and anxiety. Children and adolescents are particularly vulnerable to the effects of media violence, as their brains are still developing and they are more likely to imitate the behavior they see on screen.

Stop Teaching Our Kids to Kill: A Call to Action Against TV, Movie & Video Game Violence by Melissa Gomes

★★★★☆ 4.6 out of 5

Language	: English
File size	: 543 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 208 pages

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The American Academy of Pediatrics (AAP) has called for a reduction in media violence, and the World Health Organization (WHO) has identified media violence as a public health concern. Despite these warnings, violence continues to be a staple of television, movies, and video games.

It is time for us to take action to protect our children and communities from the harmful effects of media violence. We must demand that the media

industry reduce the amount of violence in their programming, and we must educate our children about the dangers of media violence.

The Effects of Media Violence on Children and Adolescents

Research has shown that exposure to media violence can lead to a number of negative consequences for children and adolescents, including:

* Increased aggressive behavior * Desensitization to violence * Increased fear and anxiety * Difficulty distinguishing between fantasy and reality * Increased risk of engaging in violent behavior

Children and adolescents who are exposed to high levels of media violence are more likely to behave aggressively towards others, both physically and verbally. They are also more likely to bully and fight with their peers.

Media violence can also desensitize children and adolescents to violence. This means that they become less shocked and upset by violence, and they may even come to believe that violence is an acceptable way to solve problems.

Exposure to media violence can also increase fear and anxiety in children and adolescents. They may become afraid of being victims of violence, and they may worry about the safety of their loved ones.

In addition, media violence can make it difficult for children and adolescents to distinguish between fantasy and reality. They may believe that the violence they see on screen is real, and they may be more likely to imitate the violent behavior they see.

Finally, exposure to media violence can increase the risk of children and adolescents engaging in violent behavior themselves. This is because media violence can teach them how to behave violently, and it can also make them more likely to believe that violence is an acceptable way to solve problems.

The Role of the Media Industry

The media industry has a responsibility to reduce the amount of violence in their programming. They can do this by:

* Creating more programming that is free of violence * Reducing the amount of violence in existing programming * Placing warnings on programs that contain violence * Providing educational resources about the effects of media violence

The media industry has a vested interest in reducing media violence. Violence sells, but it also drives away viewers. By reducing the amount of violence in their programming, the media industry can actually increase their profits.

The Role of Parents and Educators

Parents and educators can play a vital role in protecting children and adolescents from the harmful effects of media violence. They can do this by:

* Talking to their children about media violence * Helping their children to understand the difference between fantasy and reality * Teaching their children how to deal with conflict peacefully * Encouraging their children to

participate in positive activities * Limiting their children's exposure to violent media

Parents and educators can also work together to create a school environment that is free of violence. They can do this by:

* Establishing and enforcing rules against bullying and fighting * Providing conflict resolution training for students and staff * Creating a positive school climate that encourages cooperation and respect

Media violence is a serious problem that has a negative impact on children and adolescents. It is time for us to take action to reduce the amount of violence in our media. We must demand that the media industry reduce the amount of violence in their programming, and we must educate our children about the dangers of media violence.

By working together, we can create a world where our children are free from the harmful effects of media violence.
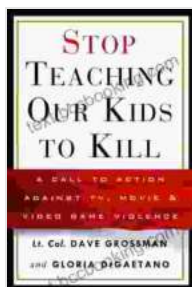
Call to Action

Take the following steps to help protect our children and communities from media violence:

* Talk to your children about media violence. * Help your children to understand the difference between fantasy and reality. * Teach your children how to deal with conflict peacefully. * Encourage your children to participate in positive activities. * Limit your children's exposure to violent media. * Support organizations that are working to reduce media violence. *

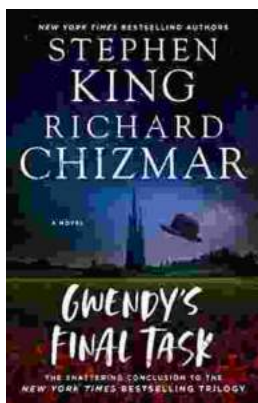Contact your elected officials and let them know that you support reducing media violence.

Together, we can make a difference. Let's work together to create a world where our children are safe from the harmful effects of media violence.

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