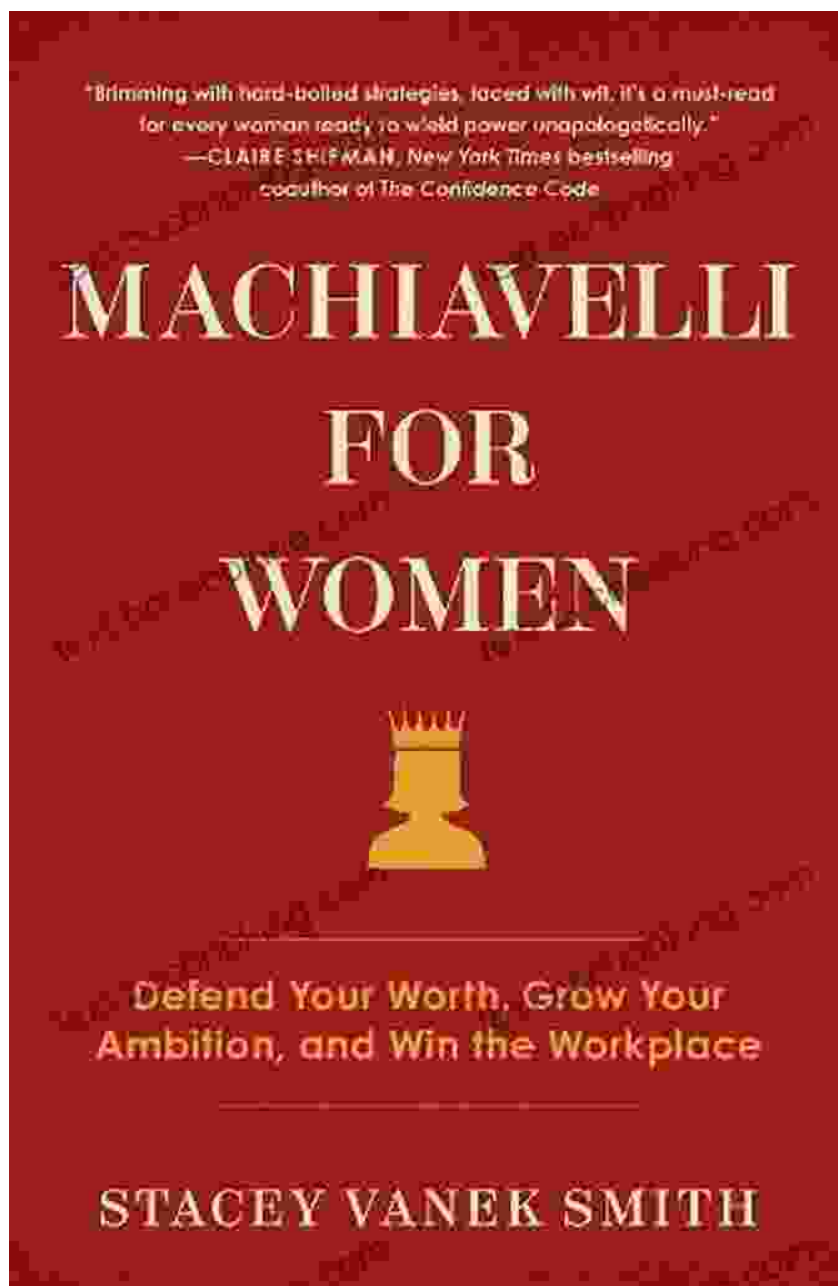
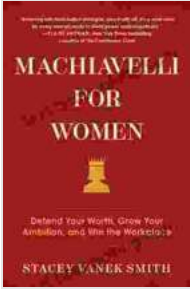


Defend Your Worth, Grow Your Ambition, and Win the Workplace

By Beverly Kaye



Machiavelli for Women: Defend Your Worth, Grow Your Ambition, and Win the Workplace by Stacey Vanek Smith



★★★★☆ 4.7 out of 5

Language	: English
File size	: 2959 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 280 pages



In *Defend Your Worth, Grow Your Ambition, and Win the Workplace*, best-selling author and executive coach Beverly Kaye shows you how to recognize and overcome the hidden pitfalls that hold you back in the workplace.

Kaye draws on her decades of experience working with leaders at all levels to identify the seven most common traps that women fall into. These traps include:

- **The Imposter Syndrome:** Feeling like you don't belong or that you're not good enough to succeed.
- **The Perfectionist Trap:** Setting unrealistic standards for yourself and feeling like you're never good enough.
- **The People-Pleasing Trap:** Putting the needs of others ahead of your own and feeling like you can't say no.
- **The Comparison Trap:** Comparing yourself to others and feeling like you don't measure up.

- **The Overwhelm Trap:** Feeling like you have too much to do and not enough time to do it.
- **The Burnout Trap:** Working too hard and not taking care of your own needs.
- **The Glass Ceiling:** The invisible barriers that prevent women from advancing to the highest levels of leadership.

Kaye provides practical advice and exercises to help you overcome these traps and build a successful career. She shows you how to:

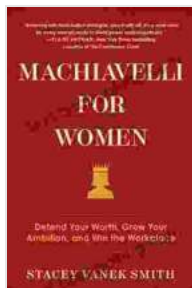
- **Identify your strengths and weaknesses**
- **Build your confidence**
- **Set realistic goals**
- **Say no to people-pleasing**
- **Manage your time effectively**
- **Take care of your own needs**
- **Break through the glass ceiling**

Defend Your Worth, Grow Your Ambition, and Win the Workplace is an essential guide for any woman who wants to succeed in her career. Kaye's insights and advice will help you overcome the challenges you face and achieve your full potential.

Free Download Your Copy Today!

Defend Your Worth, Grow Your Ambition, and Win the Workplace is available now at your favorite bookstore or online retailer.

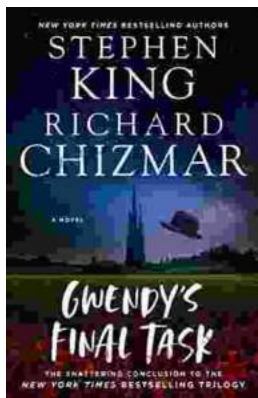
Buy now on Our Book Library



Machiavelli for Women: Defend Your Worth, Grow Your Ambition, and Win the Workplace by Stacey Vanek Smith

★★★★☆ 4.7 out of 5

Language : English
File size : 2959 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 280 pages



Gwendy's Final Task: A Thrilling Conclusion to a Timeless Saga

Prepare to be captivated by Gwendy's Final Task, the highly anticipated to the beloved Gwendy Button Box Trilogy. This riveting masterpiece,...



How FDR Defied Polio to Win the Presidency

Franklin D. Roosevelt is one of the most iconic figures in American history. He served as president of the United States from 1933 to 1945, leading the...