

Eating Disorders: A Parent's Guide, Second Edition

A Comprehensive Resource for Understanding, Preventing, and Treating Eating Disorders in Children and Adolescents

Eating disorders are serious mental illnesses that can have devastating consequences for children and adolescents. They are characterized by an unhealthy obsession with food, weight, and body image, and can lead to a variety of physical and psychological problems.



Eating Disorders: A Parents' Guide, Second edition

by Rachel Bryant-Waugh

★★★★☆ 4.4 out of 5

Language : English
File size : 2194 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 186 pages



Eating disorders are more common than you might think. In the United States, an estimated 20 million people suffer from an eating disorder at some point in their lives. Eating disorders can affect people of all ages, races, ethnicities, and genders, but they are most common in young women.

If you are the parent of a child or adolescent with an eating disorder, you are not alone. *Eating Disorders: A Parent's Guide, Second Edition* provides you with essential information and support in understanding, preventing, and treating eating disorders in children and adolescents.

This book covers a wide range of topics, including:

- The different types of eating disorders
- The causes and risk factors for eating disorders
- The symptoms of eating disorders
- The medical and psychological consequences of eating disorders
- The treatment options for eating disorders
- How to prevent eating disorders
- How to cope with the challenges of parenting a child or adolescent with an eating disorder

Eating Disorders: A Parent's Guide, Second Edition is an invaluable resource for parents who are concerned about their child's eating habits or who are struggling with the challenges of parenting a child or adolescent with an eating disorder.

This book is written by Dr. Carolyn Costin, a leading expert on eating disorders. Dr. Costin has over 30 years of experience in treating eating disorders in children and adolescents, and she is the author of numerous books and articles on the topic.

Eating DisFree Downloads: A Parent's Guide, Second Edition is a must-read for parents who want to understand, prevent, and treat eating disFree Downloads in children and adolescents.

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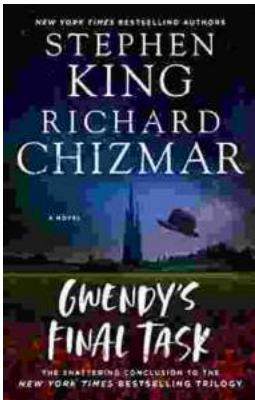
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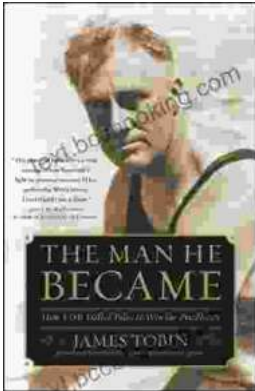
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