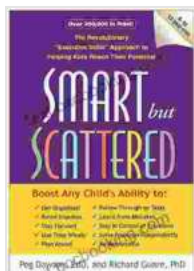


# The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential



## Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential

by Peg Dawson

★★★★☆ 4.7 out of 5

Language	: English
File size	: 9623 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 321 pages



As parents, we all want our children to succeed in life. We want them to be happy, healthy, and successful in school and in their careers. But what does it take to help our children reach their full potential?

In her groundbreaking new book, *The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential*, Dr. Laurie Dupar, a clinical psychologist and leading expert on executive skills, provides parents and educators with a powerful set of tools for helping kids develop the essential skills they need to succeed in school and in life.

Executive skills are the mental processes that allow us to plan, organize, initiate, and complete tasks. They are essential for success in school, work,

and relationships. Children with strong executive skills are able to:

- Set goals and develop plans to achieve them
- Manage their time and resources effectively
- Stay organized and find things easily
- Control their impulses and emotions
- Get started on tasks and stay focused until they are completed

Children with weak executive skills may struggle with:

- Getting started on tasks
- Staying organized and finding things
- Managing their time and resources effectively
- Controlling their impulses and emotions
- Completing tasks on time and to a high standard

The good news is that executive skills can be learned and improved upon over time. Dr. Dupar's book provides parents and educators with a step-by-step guide to teaching children the executive skills they need to succeed.

The book includes:

- Evidence-based strategies for developing each executive skill
- Real-world examples of how to apply the strategies in everyday life
- Age-appropriate activities and games for practicing executive skills

- Tips for parents and educators on how to support children's executive skills development

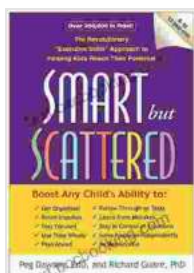
The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential is a must-read for parents and educators who want to help children develop the essential skills they need to succeed in school and in life.

## About the Author

Dr. Laurie Dupar is a clinical psychologist and leading expert on executive skills. She is the founder of the Executive Skills Institute, a training and resource center for parents and educators. Dr. Dupar has written numerous articles and books on executive skills, including The Executive Skills Handbook and The Essential Guide to Executive Functioning.

## Free Download Your Copy Today

The Revolutionary Executive Skills Approach to Helping Kids Reach Their Potential is available now on Our Book Library.com and BarnesandNoble.com.



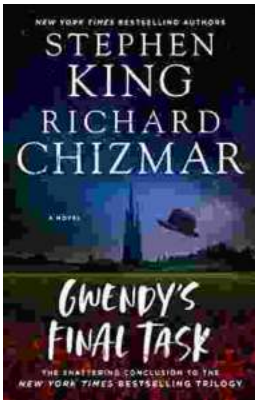
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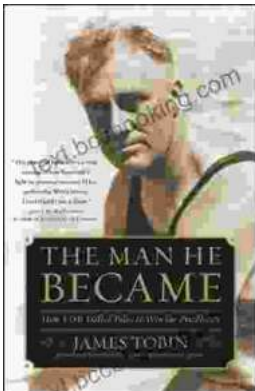
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