

Your Sleepless Baby: The Rescue Guide

Are you struggling to get your baby to sleep?

You're not alone. Millions of parents around the world are facing the same problem. But there is hope! *Your Sleepless Baby: The Rescue Guide* is a comprehensive guide that will help you understand the reasons why your baby is not sleeping and provide you with step-by-step instructions on how to get them to sleep through the night.



Your Sleepless Baby: The Rescue Guide by Rowena Bennett

★ ★ ★ ★ ☆	4.5 out of 5
Language	: English
File size	: 3591 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 322 pages
Lending	: Enabled



This book is for you if:

- Your baby is waking up multiple times per night.
- Your baby is taking short naps or refusing to nap altogether.
- You're feeling exhausted and frustrated because you're not getting enough sleep.
- You've tried other sleep training methods but they haven't worked.

In this book, you will learn:

- The science of sleep and how it applies to babies.
- The most common reasons why babies don't sleep.
- A step-by-step guide to sleep training your baby.
- How to deal with common sleep problems, such as night waking, early morning waking, and short naps.
- How to create a sleep-conducive environment for your baby.

This book is based on the latest research on infant sleep and is written by a certified sleep consultant.

With *Your Sleepless Baby: The Rescue Guide*, you can finally get your baby to sleep through the night and enjoy the restful sleep you deserve.

Free Download your copy today!

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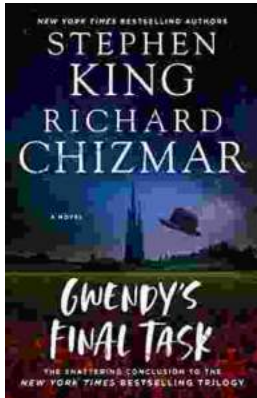
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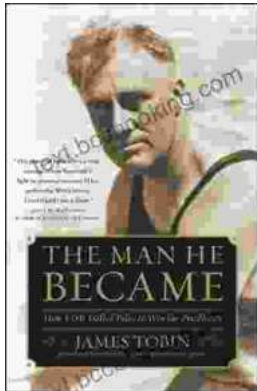
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